

## PM3 and PM4 Comparison Chart

\* The PM3 and PM4 are used on both the Concept2 Indoor Rower and the SkiErg.

| Feature   | PM3  | PM4  |  |
|---|--|--|--|
| "No touch" on and off (Rowing or skiing<br>turns monitor on automatically. Monitor<br>turns off after several minutes of inactivity.) | Yes  | Yes  |  |
| Self-calibrating (enables accurate and consistent tracking of performance)  | Yes  | Yes  |  |
| Display   | Bitmapped Monochrome, 3"x 3" active area, 160x160 resolution                               | Bitmapped Monochrome, 3"x 3" active area, 160x160 resolution                                   |  |
| Onboard memory  | 1Mb Flash  | 2Mb Flash  |  |
| 32k removeable memory card<br>(32k LogCard stores workout data and<br>personal preferences for up to five users)                      | Included   | Included   |  |
| Display Options   |  |  |  |
| All Data Review all your performance data on one screen   | Yes  | Yes  |  |
| Force Curve Analyze your stroke in real time  | Yes  | Yes  |  |
| Pace Boat/Pacer Pace yourself or race against a previous workout  | Yes  | Yes  |  |
| Bar Chart Plot your output or heartrate on each stroke  | Yes  | Yes  |  |
| Large Print Easy to read simplified display   | Yes  | Yes  |  |
| Games   |  |  |  |
| The Fish Game   | Yes  | Yes  |  |
| Darts   | No   | Yes  |  |
| Target Training   | No   | Yes  |  |
| Heart Rate Monitoring Options   |  |  |  |
| Polar Heart Rate belt compatibility   | Yes (Requires optional Polar receiver available from Concept2.)                            | Yes (Requires optional Polar receiver available from Concept2.)                                |  |
|   | <b>Note:</b> Polar W.I.N.D. products are not compatible with Concept2 Performance Monitors |  |  |
| Suunto™ 't6/t3' Heart Rate belt<br>compatibility  | Not compatible   | Supports wireless communication with Suunto HR belt (1 Suunto HR belt included with every PM4) |  |



## PM3 and PM4 Comparison Chart - continued

| Feature   | РМ3   | PM4   |  |
|---|---|---|--|
| Machine to Machine Race Options   |   |   |  |
| Direct machine-to-machine wireless racing (no cables or PC required. Up to 8 machines)                | No  | Yes   |  |
| Direct machine-to-machine racing using no additional PC (up to 8 machines)                            | No  | Yes, with optional RJ45   |  |
| PC-based machine-to-machine racing for up to 80 machines  | Requires connection cables, PC, additional software and hardware                              | Requires connection cables, PC, and additional software   |  |
| Power Supply  |   |   |  |
| Works with rechargeable battery pack  | No  | Yes, included when PM4 is purchased with a new indoor rower or SkiErg (not included when PM4 is purchased as a spare part/retrofit.)  |  |
| Rowing or skiing recharges Concept2 PM4 battery pack  | No  | Yes, on Model E and Model D machines (manufactured from Dec.1, 2006 to present) and all SkiErgs. Battery pack may also be recharged by connecting the PM4 to a PC through the USB port. |  |
| Power saving features – Rowing or skiing provides supplemental power to extend battery life           | Yes (Model D, Model E<br>or SkiErg)   | Yes (Model D, Model E or SkiErg)  |  |
| Works with standard D-cell batteries (non-rechargeable)   | Yes, included   | Yes, included when PM4 is purchased as a retrofit (not included when PM4 is purchased with a new indoor rower or as a spare part.)  |  |
| Increased memory capacity to allow for future expansion and additional features                       | No  | Yes   |  |
| Connectivity  |   |   |  |
| USB port (allows monitor to be connected to a PC for data analysis and use with third party software) | Yes (15' USB cable included when purchased with a new indoor rower, SkiErg or as a retrofit.) | Yes (15' USB cable included when purchased with a new indoor rower, SkiErg or as a retrofit.)   |  |
| ANT™ Wireless and RJ45 connection for PC-less racing  | No  | Yes   |  |